

Intensive swimming lessons with

Mrs Sparshott-Thompson Director Of Sport

25 minute individual lesson

Week 2 Tuesday 23rd July – Thursday 25th July

Week 3 Tuesday 30th July – Thursday 1st August

Week 4 Tuesday 6th – Thursday 8th August

(Note sign up is for lessons is for 3 days each week)

If children are booked on to a day camp a member of staff, will collect them and take them to their lesson for you.

Children taking part on certain camps between 23rd July– 8th August, will take part in the fun swim sessions (see individual activity for more details – no extra payment needed)

Tuesday afternoons 3.45-4.45pm 3.45-4.45 will be dive & tumble turn group

Wednesday afternoons 3.45-4.45pm 3.45-4.45 will be an introduction to lifesaving

Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 1 9.00 -9.25 am	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 2 9.30-9.55 am	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August	Session 3 10.00-10.25 am	Intensive Swimming Lessons	Mrs A. Sparshott- Thompson	1 child £30 per session

	Tuesday Wednesday Thursday		1:1 lesson		£90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 4 10.30-10.55 am	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 5 11.15-11.40 am	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 6 11.45-12.10 pm	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 7 12.15-12.40 pm	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 8 12.45-1.10 pm	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90

Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	Session 9 1.15-1.40 pm	Intensive Swimming Lessons 1:1 lesson	Mrs A. Sparshott- Thompson	1 child £30 per session £90
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	2.15-3.45 pm	Directed play session for all to include games, floats and lots of fun (Adults welcome to swim)	Mrs A. Sparshott- Thompson	£8 per session per child/adult
Weeks 2, 3 & 4	23 rd -25 th July 30 th - 1 th July/Aug 6 th -8 th August Tuesday Wednesday Thursday	3.45-4.45 pm	Tuesday – Dive &Tumble Turns, perfect your entry to the pool and gain speed when you finish a length. Wednesday – Intro to lifesaving, start understanding what’s needed to help someone who is injured in the water and learn some basic techniques.	Mrs A. Sparshott- Thompson	£20 per child per session